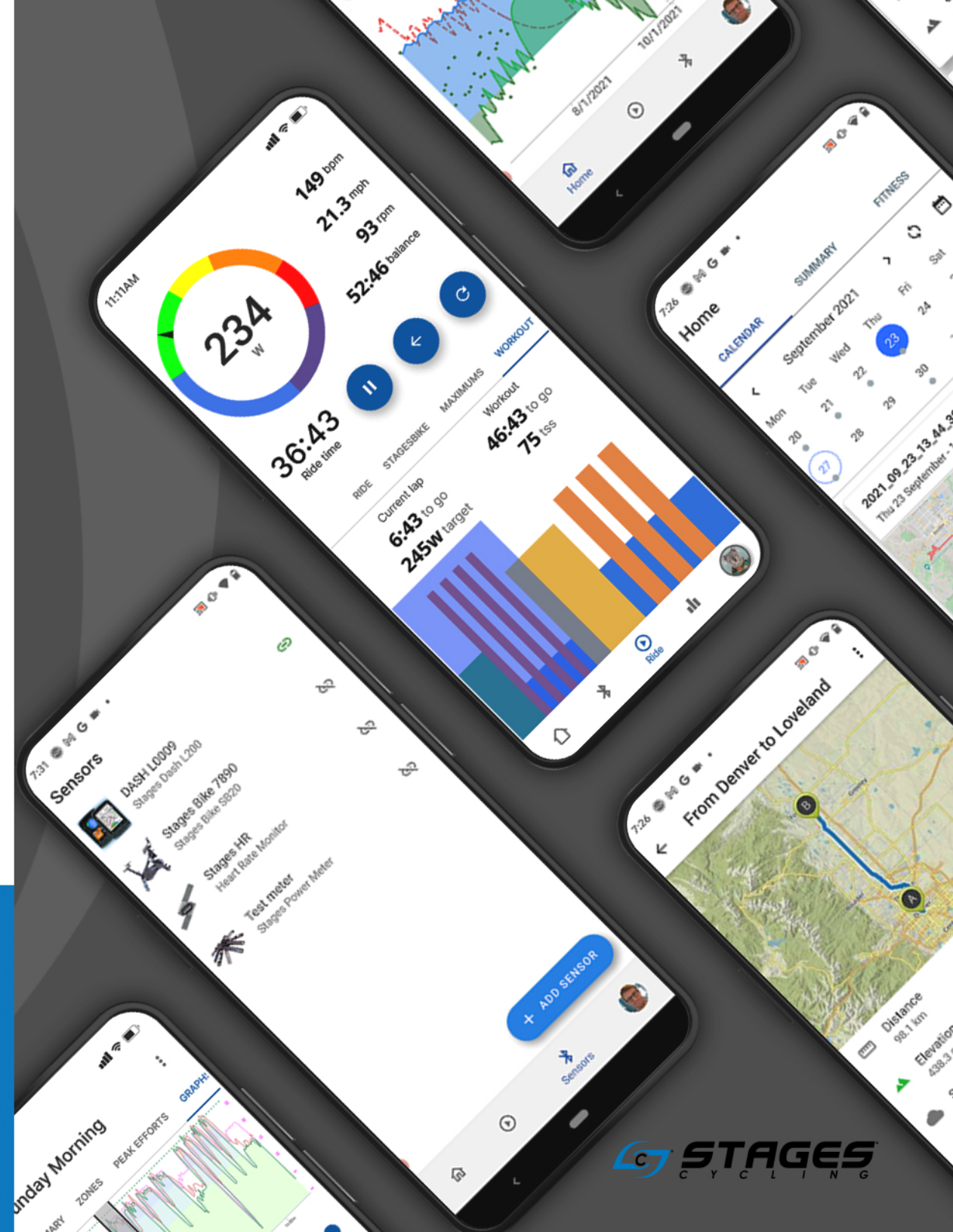


# STAGES CYCLING APP

WWW.STAGESCYCLING.COM

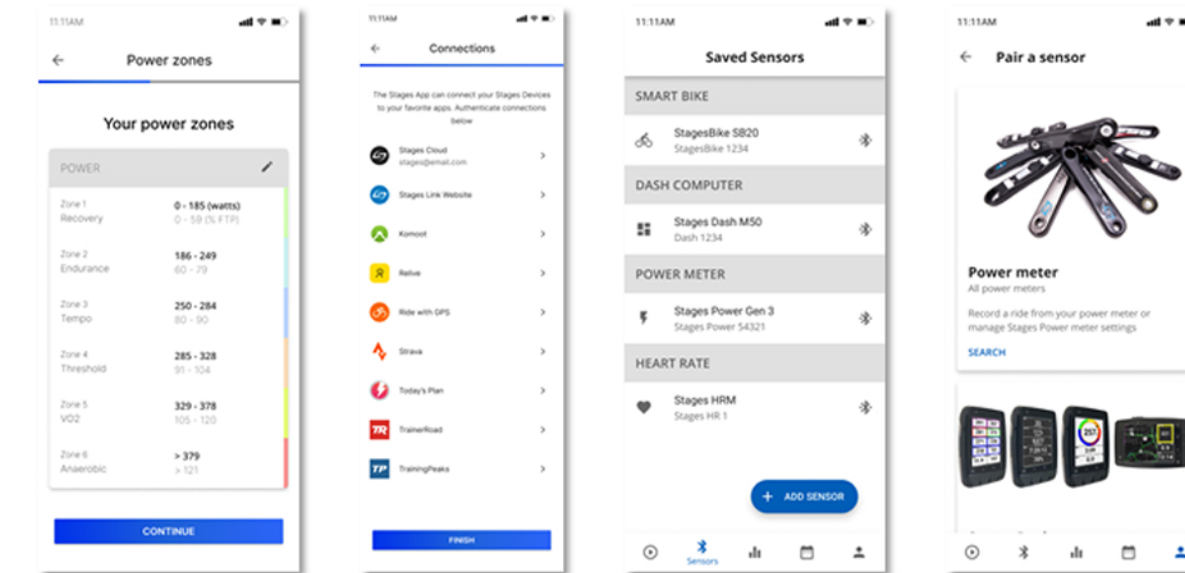


## NEW: STAGES CYCLING APP

THE NEW STAGES CYCLING APP REPLACES 3 APPS:

- STAGES FLIGHT - STAGES POWER - STAGES LINK -

AVAILABLE FOR ANDROID AND IOS



### SB20

- SET UP VIRTUAL GEARS
- UPDATE SB20 FIRMWARE
- UPDATE POWER METER FIRMWARE
- ZERO RESET POWER METERS, RECORD AND TRACK RIDES

### STAGES POWER

- UPDATE FIRMWARE
- ZERO RESET
- CHECK BATTERY LEVELS

### SC1, SC2, SC3

- RECORD AND TRACK RIDES WITH A CONNECTED POWER METER
- UPDATE POWER METER FIRMWARE
- ZERO RESET POWER METERS

## STAGESDASH®

### Create profiles and data pages

- Add, delete, and customize data pages, change profile specific settings, and manage all profiles

### Course management

- Courses from connected third parties (RidewithGPS, Strava, etc) are listed in the course section, and can be wirelessly sent to Dash for riding

### Workout management

- Workouts from connected apps (Stages Link, TrainingPeaks, TrainerRoad) are displayed and can be filtered or searched and wirelessly sent to the Dash for riding

### Ride management

- Activities completed and saved on Dash are displayed in a list in the Rides tab of the Dash manager
- Tap on any activity to view a summary and see the sync status of each activity to third party apps

### Map management

- Maps on the Dash are listed and users can browse for any map region and request a link to a file download to add to the Dash via USB

More information at  
[www.stagescycling.com](http://www.stagescycling.com)